

Security Spot Light

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An Informational Guide for Security Clients

Stay Alert

Three principles can serve as guideposts for daily life as well as travel. This guidance can help ensure travel that is secure and satisfying.

- Plan for the unexpected.
- Be vigilant.
- Use common sense.



Tips for Safer Travel

Summer is here and for many that means taking time off to go on vacation. Travel can be an enriching and rewarding experience, providing the opportunity to discover new places, revisit favorite locations or visit friends and family. Using Securitas' core value of Vigilance can help ensure a safer, healthier journey.

Advance Planning

No matter where you're going, how you plan to get there, or whether your trip is for business or for personal reasons, advance preparation can help things go more smoothly. Experienced travelers know that a checklist can help them stay organized. The list might include items to

pack, confirmation details, and reminders such as putting the mail on hold and confirming reservations.

When making your travel arrangements be aware of any travel restrictions or concerns that might impact your plans. Before, during and after travel, monitor the status of any public health or weather advisories at your point of origin and at your destination as these types of events can change quickly and might require you to take additional actions to protect yourself and your travel companions.

By Land or by Sea

Depending on your method of travel there are certain best practices.

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Health and Safety Resources

Several organizations provide information and resources that can help plan your travel and stay safe while traveling.

AAA/CAA is a federation of regional clubs located throughout North America. You can enter your postal code on their website to find the one nearest you.

The CDC offers considerations and provides travel health and safety recommendations on its website.

The World Health Organization (WHO) provides information for staying healthy when traveling abroad. The organization maintains a dashboard of current disease outbreaks, and offers guidance and additional resources for travel health on its website.

that can help reduce travel mishaps. Many airlines, cruise ships and trains have enacted additional travel safety requirements. If your plans include mass transportation be aware of your carrier's rules. Arrive at your departure point early and allow additional time for enhanced screening. Transportation staff have been trained to evaluate and manage emergencies. Always follow their directions and notify them if you observe anything unusual. If planning a road trip, consider becoming a member of the American Automobile Association (AAA) or other roadside assistance service. They offer access to resources such as navigation support and roadside repairs. Keep an emergency kit in your vehicle that includes supplies for basic repairs as well as personal emergency items. In the event of a break down, move the vehicle away from traffic, or if it can't be moved, exit the vehicle, and stand away from traffic. If safe to do so, remain with the vehicle until help arrives. Tie a white cloth to a door handle or use reflective triangles or flares to alert other drivers.

Safe and Sound

If traveling internationally, know how to contact the U.S. Embassy at your destination and familiarize yourself with local laws and requirements, such as the need for an international driver's permit or a doctor's note for any medications you bring. Also be aware of any exchange fees that may be charged by your credit card company for using it.

Other recommendations to consider when traveling include:

- Make photocopies of important travel documents and designate an emergency contact.
- Travel with medications in their original prescription bottles. Bring extra in case of delays.
- Avoid carrying cash (use traveler's checks or credit cards).
- Read the safety information cards and locate the nearest emergency exits where you are.
- Wear a seat belt while seated and use an approved safety seat for children under 40 pounds.
- Pack emergency supplies such as a flashlight, blanket, first-aid kit, water, and snacks.

For more information on this and other security related topics, visit the Paragon Safety Awareness Knowledge Center at

<https://parasys.com/security-safety-tips/>